



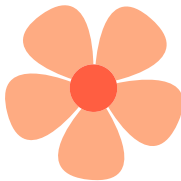
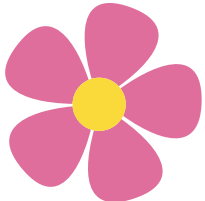
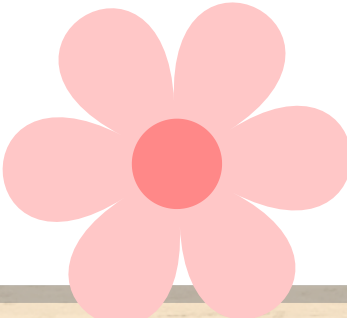
# 仁武高中113學年度高一學習策略

Studying Strategy

分享人：404 01 羅文岑



# Contents

- Course Introduction
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A decorative notebook page with a white background and rounded corners, set against a light brown wooden texture. The page is adorned with several colorful flowers: a yellow flower with an orange center in the top right, an orange flower with a red center in the top left, a pink flower with a yellow center in the middle left, a light pink flower with a red center in the bottom left, and a pink flower with a yellow center in the bottom right. A small orange flower with a red center is also on the right side. The left edge features a grey spiral binding. On the right edge, there are four colorful tabs: teal, green, orange, and red, each with a white serrated edge.

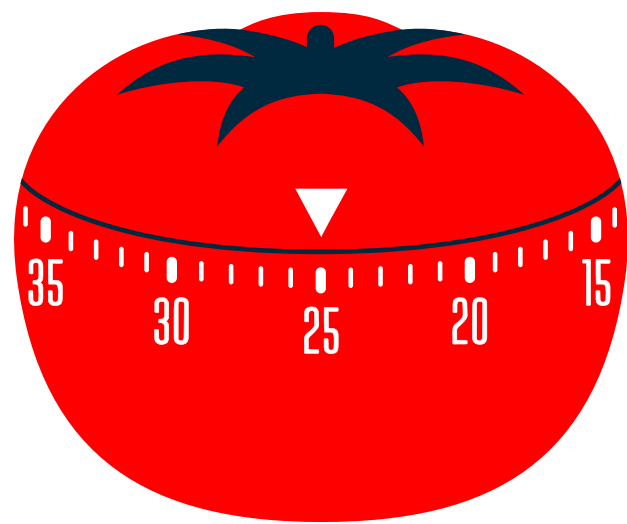
# Course Introduction



# What do we learn in this course?

## ➔ Enhance learning efficiency

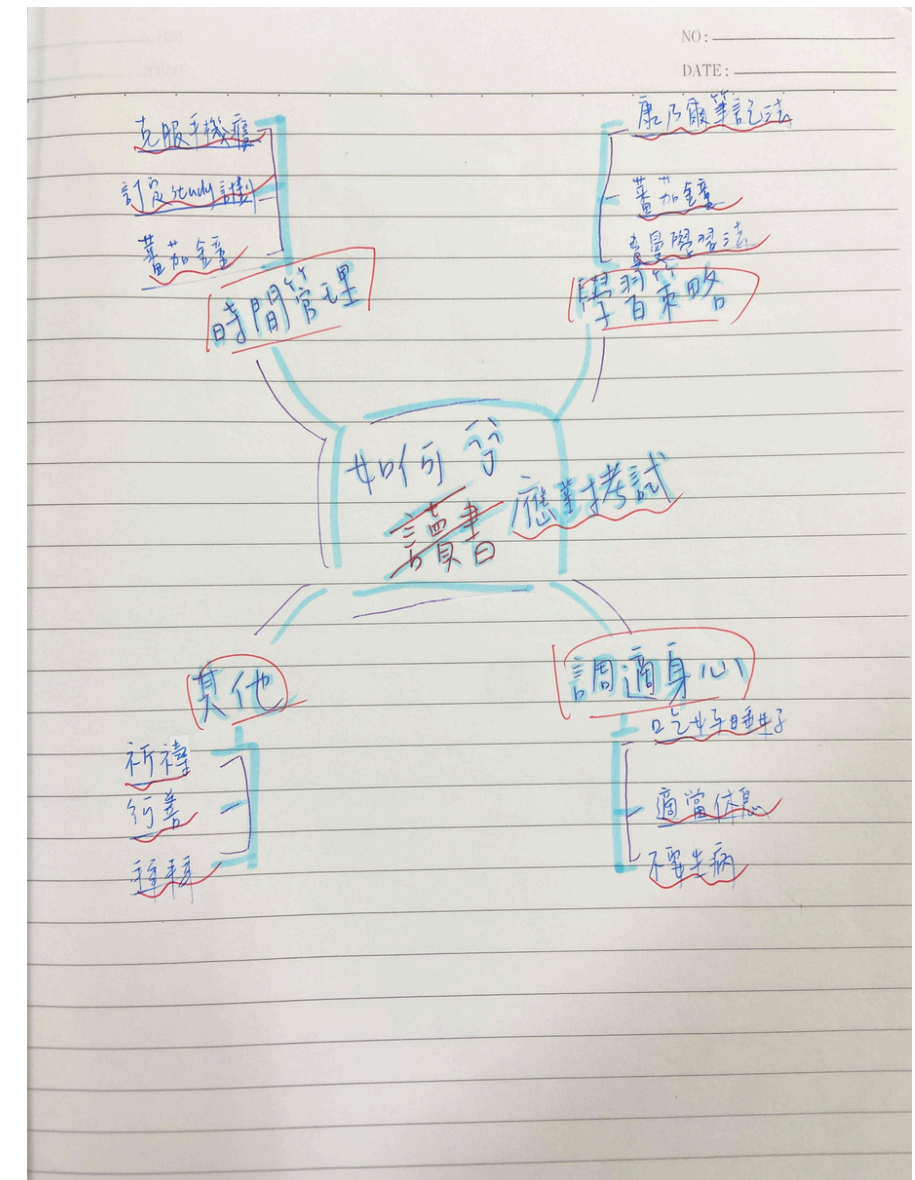
- Pomodoro Technique
- Feynman Technique
- Cornell notes
- Mind map



Pomodoro  
Technique

English B2. L7 課文	
摘要	<ul style="list-style-type: none"><li>• TED Talk — Technology, Entertain, Design } launched in 2007</li><li>Every Talker have only 18 mins to talk about their thoughts.</li></ul>
人物	<ul style="list-style-type: none"><li>• Jamie Oliver — chef<ul style="list-style-type: none"><li>↳ Food revolution → Improve people's health by teaching everyone how to choose and prepare healthy food.</li></ul></li><li>• James Cameron — Director<ul style="list-style-type: none"><li>↳ Talked about his childhood fascination with science fiction, space, aliens, robots.</li></ul></li><li>• Bill Gates — co-founder of 微軟<ul style="list-style-type: none"><li>↳ Methods of controlling the spread diseases.</li></ul></li></ul>
#TED Talk #Boarden your horizons # Speech # Jamie Oliver # James Cameron # Bill Gates # English	

Cornell notes



Mind map



# ► How can Cornell notes help you to study?

It has 3 sections

## 1. The cue column

► Keywords, questions

## 2. The note-taking area

► Detailed notes

## 3. The summary section

► Summarize key points of the lesson

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English B2. L7 課文

摘要

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人物

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#TED Talk #Boarden your horizons # Speech  
#Jamie Oliver #James Cameron  
#Bill Gates #English



# ► Mind map

► Turns knowledge into **visuals**

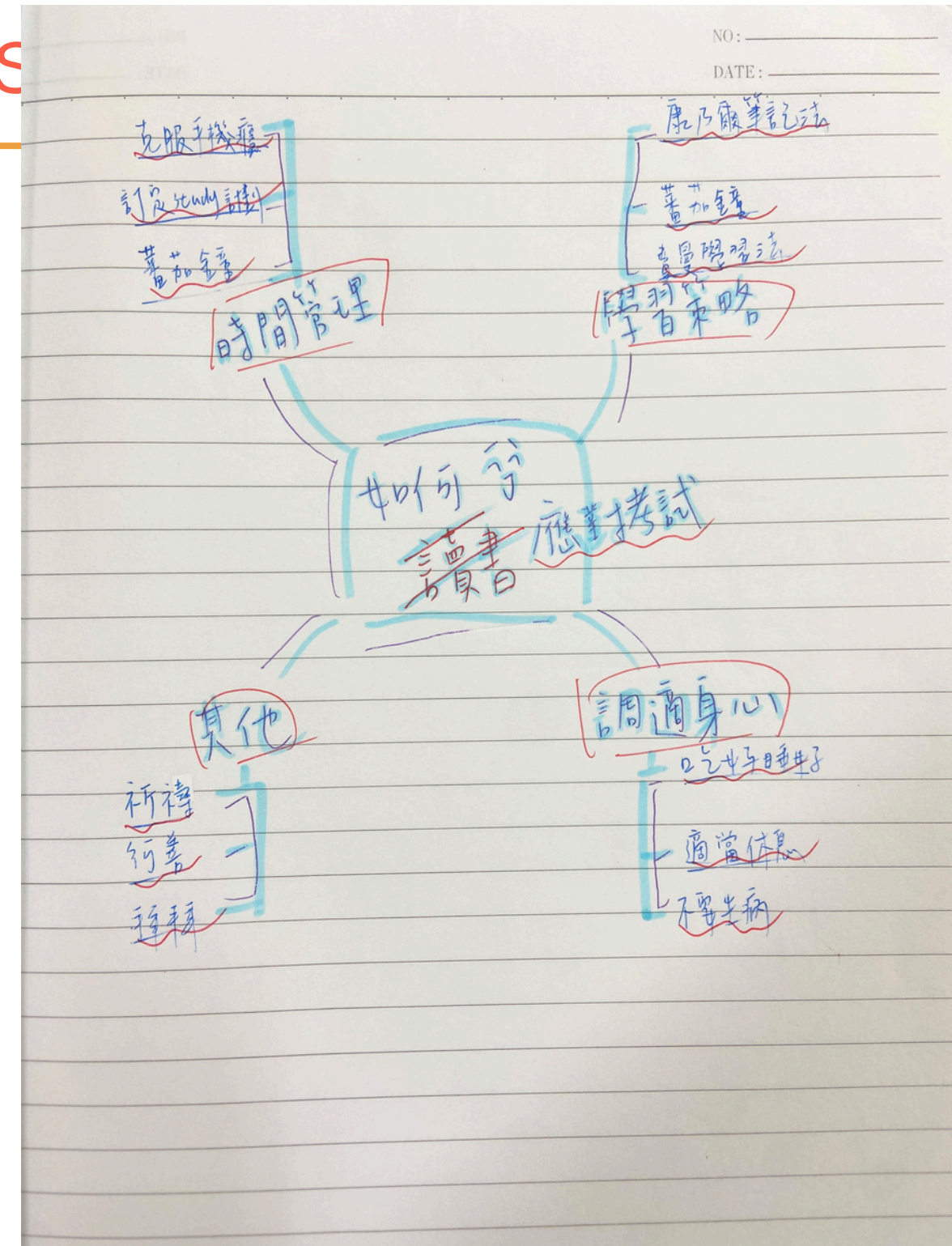
How to draw mind maps?

► Choose a **topic**

► Draw branches based on **keywords**

► Use **same shapes** for similar ideas

**! You can also highlight the important points**





# Process

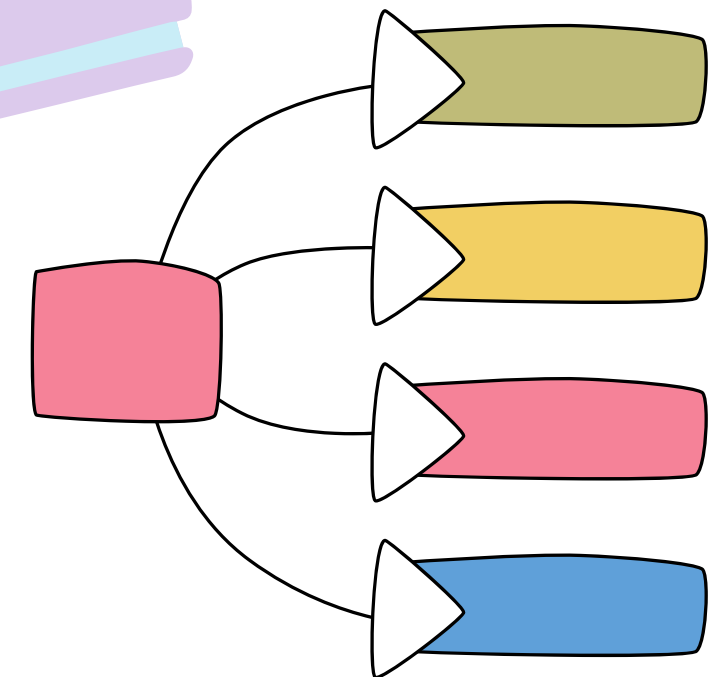
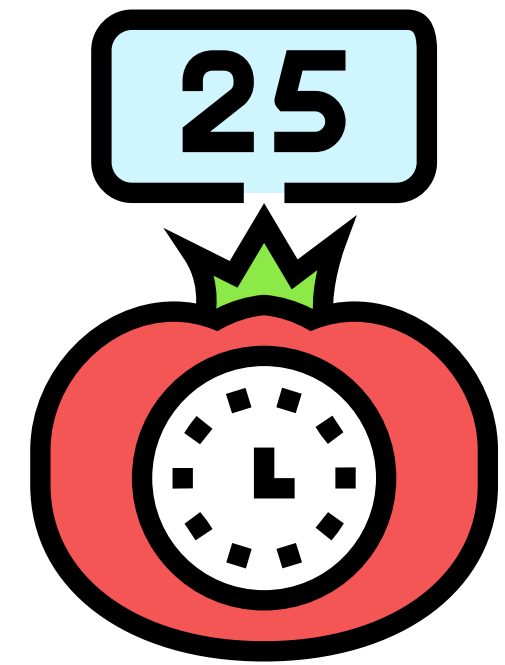
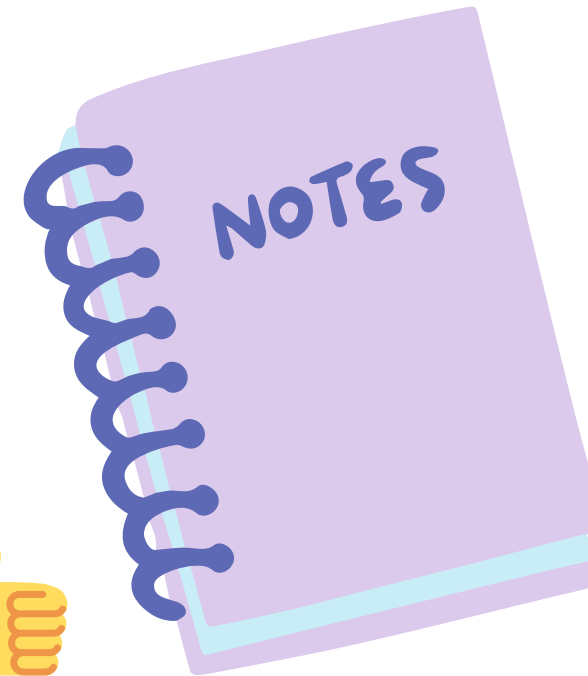
# The strategies I used

## Pomodoro Technique

► Study for 25 minutes,  
rest 5 minute, 4 cycles →  
rest for 20 minutes

## Cornell notes & Mind map 👍

► Organize the keyword and  
create a mind map





# Results

# First Exam of the First Semester

科目	成績	學分	班平均
英語文	81	4.0	29.12



科目	成績	學分	班平均
英語文	94	4.0	37.40

# First Exam of the Second Semester



# Reflection

## Past

- Couldn't get better grades
- The result stayed the same
- Didn't find the strategy work for me



## Present

- Learned useful strategies
- Applied the strategy to my studies
- Have an improvement in grades





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Evidence

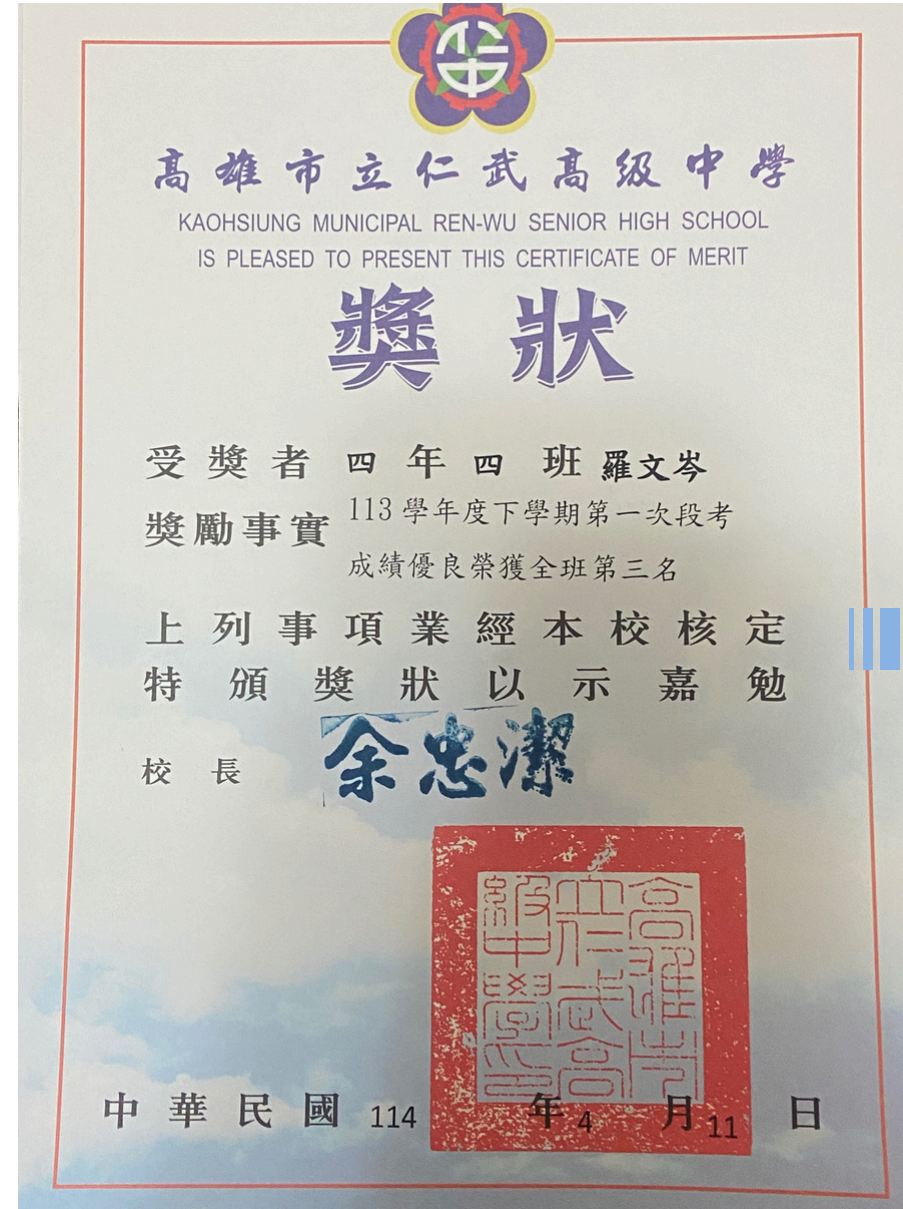


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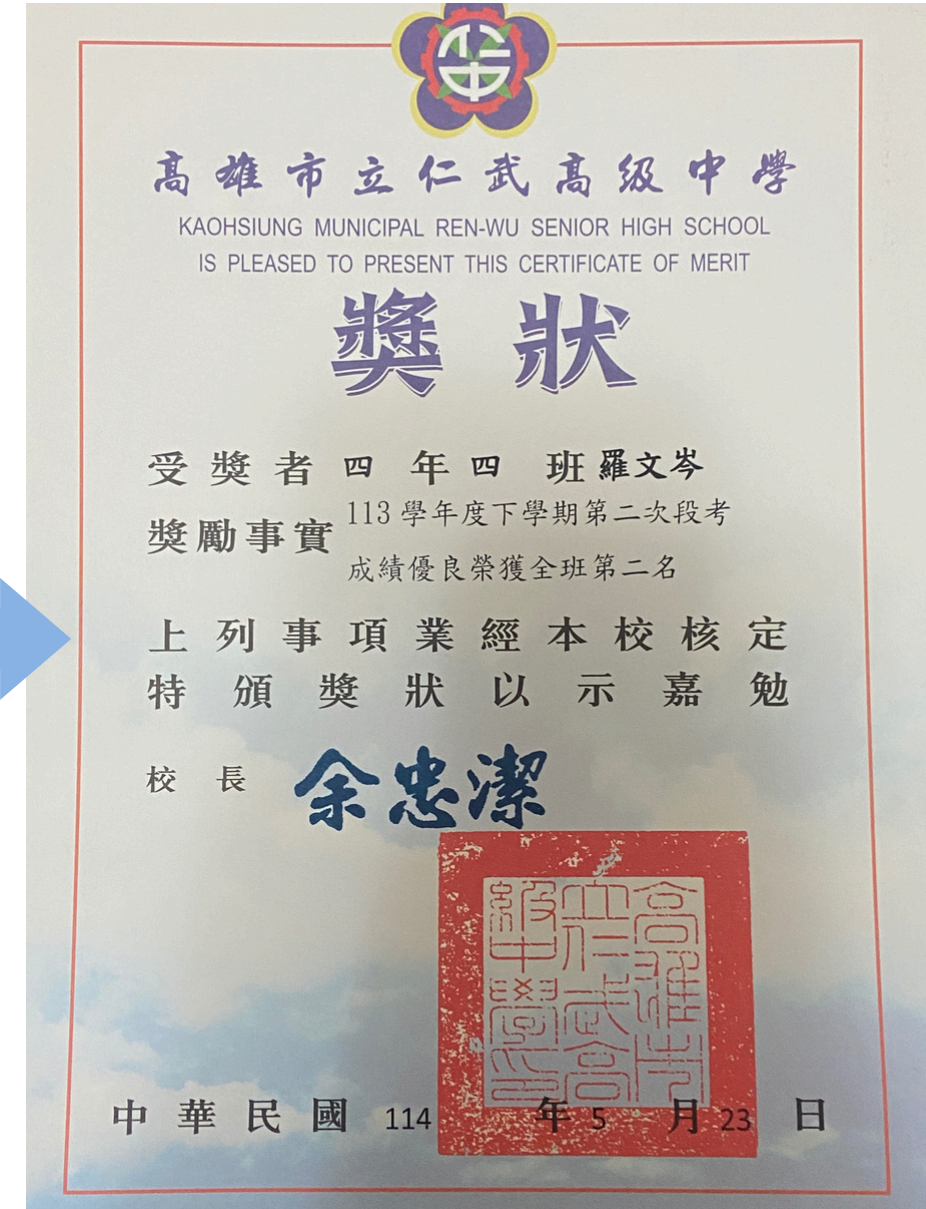
First Place  
English Speech Contest

2



Third place  
First Midterm Exam

3



Second place  
Second Midterm Exam



Thank you